



Student Psychological Association

The Student Psychological Association (SPA) is a student run organization that provides skills and experience to undergraduate students interested in the study of psychology. Through volunteering, exposure to professional research, interaction with faculty, snacking, and more snacking, SPA gives its members a taste of what the study of psychology really involves.

Questions and Answers

Q: What is the SPA?

A: We are here to help you meet other students going through the same things you are. We are also here to help you determine what type of careers and education are available to you after graduation.

Q: Where can I find more information about the SPA?

A: More information is available in several places:

- **SPA Website:** <http://www.niu.edu/psyc/undergrad/organizations.shtml>
- **SPA Facebook Page:** search “NIU SPA”
- **SPA Bulletin Board:** First floor of the Psychology Building, across from the elevators
- **SPA Email List:** Send an email to one of the SPA Officers (contact information at the end of this document), and we will add you to our email list

Q: How do I join the SPA?

A: Come to our meetings! We meet every other Monday from 5-6pm in room 412 of the Psychology Building. Our first meeting of the **Fall, 2013** semester will be held on **September 16, 2013**, then every other week thereafter. Dues to join the SPA are \$12 for the academic year.

Q: What will I get out of being a member of the SPA?

A: You will be able to talk to other students who are experiencing the same things you are. In addition you will also receive information regarding what direction you may take your career after graduation. We will not only focus on choosing a graduate school, but also what career possibilities you may have after graduation without a graduate degree. Being involved in a student organization also is a good resume booster whether applying to graduate school or applying for a job after graduation.

Q: What kind of activities will I have the opportunity to become involved with?

A: Throughout the year there will be plenty of activities for you to get involved in. We will have different fundraising, volunteer, or service projects available.

Q: What can I expect in our meetings?

A: Our meetings will be tailored to the needs of our members. There will be many speakers discussing different topics ranging from careers in psychology, graduate school, or information regarding different psychological disorders.

Q: What kind of requirements are there regarding academic status or service work?

A: The SPA does not have any academic requirements to join. We do not require our members to do specific service work, however it is strongly suggested that you participate in at least one event throughout the year. All members will have input regarding what types of events we have available. In this regard, attendance is important so that your voice may be heard.

Q: If I am an underclassman or an undecided major should I still join the SPA?

A: YES! We try to cater to the demographics of our members. We choose speakers according to the interests of our members. If you are an underclassman, you may get a jump on planning your college experience. There are many students that are unsure of what career or educational paths are available to them. The earlier you get the information you need, the easier it will be for you to plan your future. For those of you that are undecided majors but have an interest in psychology, you may get the information you need in order to make that decision. We will have speakers regarding different career options that will help you make that choice. In addition our officers are always available to help you gain the knowledge you need to make your future career and educational decisions.

SPA Officers

Contact any of the SPA officers for more information:

President	Matt Woodbury	z1677259@students.niu.edu
Vice President	Michelle Britton	mbritton1991@gmail.com
Secretary	Shelby Stanley	shelbycs411@hotmail.com
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Public Relations 2	Jade Harris	jadeharris54@gmail.com
Public Relations 3	Elliott Ihm	ellihtm@yahoo.com
Faculty Advisor	Dr. Angela Grippo	angelagrippo@niu.edu

Fall 2013 Meeting Schedule

Our Fall 2013 meeting dates are:

- September 16
- September 30
- October 14
- October 28
- November 11
- November 25